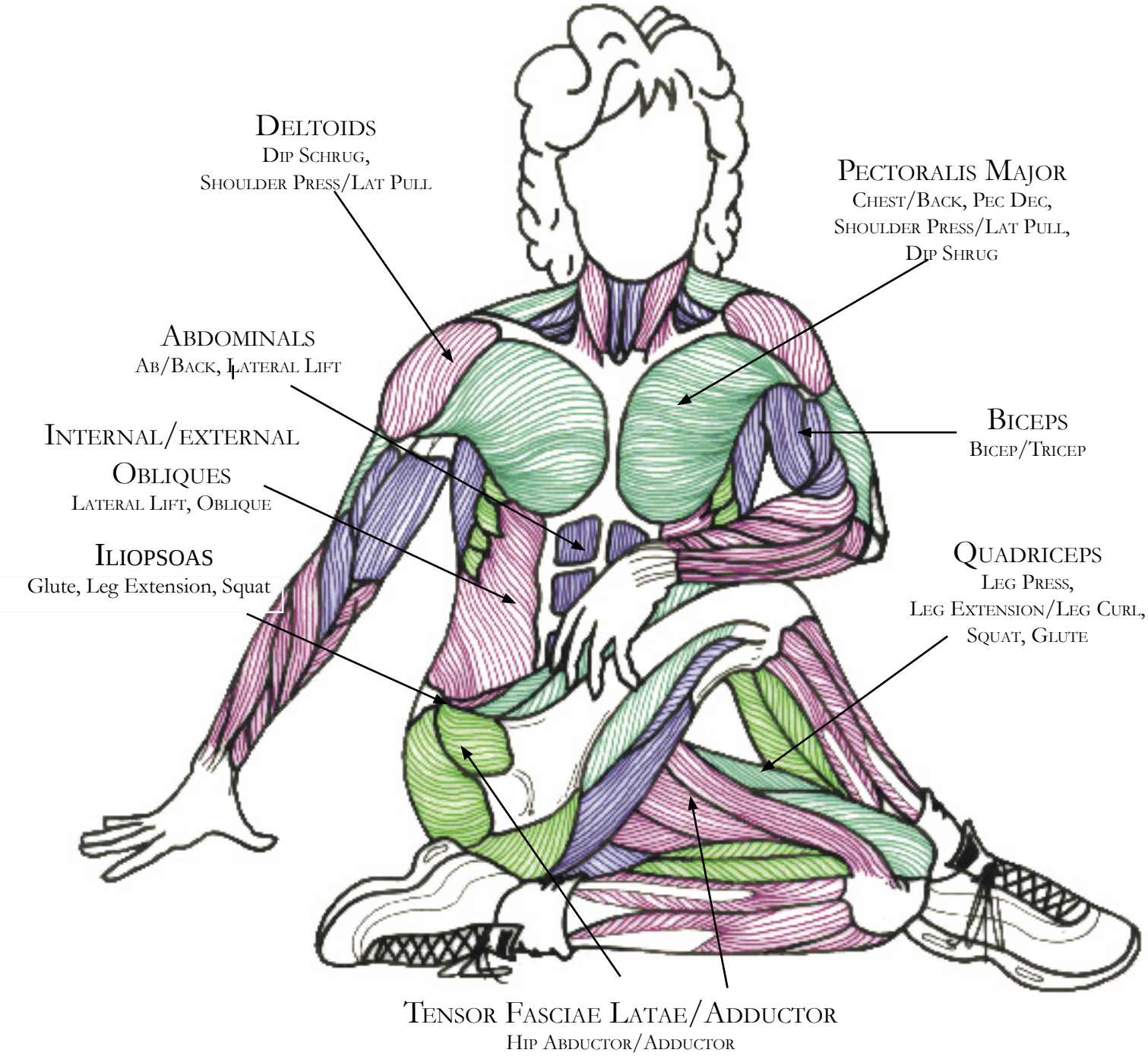
Front Muscles / Machine Diagram

The name of the muscle group will be in the larger print.



September 13, 2004